



Rnk	Lastname - firstname	Nat	Bib	Yr	Rnk Cat	Time	Aver.	Club
1	THÖRJESSON Almida		#212	01	1 4F	00:43:28	5'03	Kyrkhults SK
2	HASKÅ Maja		#218	77	2 4F	00:48:43	5'40	HälsoEsset
3	OLSSON Camilla		#213	71	3 4F	00:50:13	5'50	Asarum
4	FRANTZ Anna		#228	86	4 4F	00:50:27	5'52	Kungälvs OK
5	BONDESON Sofie		#216	89	5 4F	00:52:54	6'09	Malmö
6	KROMNOW Sylvia		#200	75	6 4F	00:54:42	6'22	Kristianstad
7	MAGNUSSON Lena		#238		7 4F	00:55:48	6'29	TEAM Blekinge
8	GRÖNBERG Jenny		#215	80	8 4F	00:56:05	6'31	Vånga
9	LÖFGREN Therese		#225		9 4F	00:56:55	6'37	Furulundsskolan
10	BLOM JANSSON Anna		#214	71	10 4F	00:57:27	6'41	Kristianstad
11	ERNTSSON Camilla		#246	67	11 4F	00:57:38	6'42	Ok Torfinn
12	OLSSON Sabina		#209	85	12 4F	00:57:48	6'43	Pan-Kristianstad
13	ANDERSSON SKOG Christina		#227	48	13 4F	00:58:19	6'47	Stigmännen Karlshamns OK
14	FABER Therese		#241	68	14 4F	01:00:14	7'00	Elmhults sportclub
15	LEFT-HALLSTEIN Johanna		#239	80	15 4F	01:00:20	7'01	Färjestadens Motion IF
16	ERIKSSON Victoria		#253	89	16 4F	01:00:22	7'01	Team On Training
17	NILSDOTTER Annie		#235	95	17 4F	01:01:05	7'06	Karlshamn OCR
18	SJÖGREN Regina		#205	75	18 4F	01:01:08	7'06	Trekanten Running Club
19	OKMARK Emma		#247	82	19 4F	01:01:37	7'10	THT Ronneby
20	FREDRIKSSON Pernilla		#217	75	20 4F	01:02:14	7'14	Villands Vånga
21	PETTERSSON-ÖSTERLIND Jer		#248	77	21 4F	01:02:48	7'18	Bjärred
22	EKMAN Linda		#249	75	22 4F	01:02:49	7'18	Bjärred
23	HOLMSTRÖM Sandra		#251		23 4F	01:03:02	7'20	ON Training
24	OLSSON Lena		#250		24 4F	01:03:18	7'22	BroSö OK
25	TURPEINEN Emma		#206	84	25 4F	01:04:46	7'32	Näsum
26	GUSTAVSSON Cajsa		#242	81	26 4F	01:04:48	7'32	Härlövs IF
27	NOLIN Emma		#219		27 4F	01:08:01	7'55	Hälsoeset
28	BENGTSSON Susanne		#234	81	28 4F	01:11:04	8'16	Sölvesborg
29	ROSSANDERS Sara		#203	65	29 4F	01:14:15	8'38	Ryssbergets IK
30	DAHLQVIST Micko		#220	54	30 4F	01:18:35	9'08	Team Paltina



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1	OLSSON Adam		#204	95	1 3M	00:40:05	4'40	Olofström
2	MARED Anders		#245	74	2 3M	00:42:07	4'54	IFK Halmstad
3	JÖNSSON Erik		#231	04	3 3M	00:43:16	5'02	BroSö OK
4	FUNQUIST Jonas		#257		4 3M	00:43:20	5'02	Karlshamn OCR
5	HARALDSSON Niklas		#223	81	5 3M	00:43:28	5'03	Bromölla
6	WIDERBERG Marcus		#233	82	6 3M	00:45:11	5'15	Bara Friidrottsklubb
7	HALLSTRÖM Christoffer		#254		7 3M	00:46:07	5'22	.
8	JOHANSSON Björn		#258		8 3M	00:46:33	5'25	.
9	BOHLIN HARALD		#255		9 3M	00:46:33	5'25	Stångby
10	IPSA Jörgen		#232		10 3M	00:47:03	5'28	Bromölla
11	ÅKERBERG Michael		#240	72	11 3M	00:48:03	5'35	Sölvesborg
12	JANÉRUS Dan		#210	75	12 3M	00:48:43	5'40	Sweden runners
13	WIDQVIST Niklas		#229	64	13 3M	00:52:43	6'08	Växjö
14	KROMNOW Stefan		#201	66	14 3M	00:52:51	6'09	Kristianstad
15	BONDESSON Tibor		#236	76	15 3M	00:53:07	6'10	Sölvesborg
16	KALLINI Isak		#226	03	16 3M	00:53:33	6'13	Hörby
17	EDMAN Thomas		#208	82	17 3M	00:54:19	6'19	IS Skanne
18	TINGSTEDT HÖVEL Holger		#259		18 3M	00:54:30	6'20	Sölvesborg
19	IVARSSON Melwin		#244	05	19 3M	00:54:31	6'20	Härlövs IF
20	HERNVALL Mats		#256		20 3M	00:55:08	6'25	.
21	MÅRTENSSON Jonas		#211	76	21 3M	00:55:43	6'29	Hanaskog
22	OLSSON Melker		#230	05	22 3M	00:56:50	6'36	BroSö OK
23	CENTREN Robert		#222	84	23 3M	00:57:17	6'40	Sölvesborg
24	GUSTAFSSON Tommi		#207	86	24 3M	00:57:42	6'43	#161
25	PERSSON Daniel		#252		25 3M	01:01:25	7'08	Bromölla IBK
26	HENRIKSSON Jonas		#224		26 3M	01:05:27	7'37	Sölvesborg
27	DAHLQVIST Steve		#221	58	27 3M	01:18:36	9'08	Team Paltina