



Rnk	Lastname - firstname	Nat	Bib	Yr	Rnk Cat	Time	Aver.	Club
1	NILSSON Anastasia		#407	06	1 -F	00:26:02	5'12	Ängelsholms IF
2	HULTKRANTZ Cornelia		#419		2 -F	00:26:54	5'23	TEAM Blekinge
3	LARSSON Anna-Maria		#414	72	3 -F	00:30:03	6'01	BroSö OK
4	MOLIN Simone		#406	71	4 -F	00:30:06	6'01	Sölvesborg
5	SANDBERG JENNIE		#420		5 -F	00:31:15	6'15	Kristianstad
6	MALMROS SVAHN Marie		#403	71	6 -F	00:32:12	6'26	Bräkne Hoby
7	DUFVA Christine		#412	74	7 -F	00:33:23	6'40	Färjestadens motions IF
8	WIDQVIST Cecilia		#413	66	1 -F	00:33:40	6'44	Växjö
9	ERIKSSON Hillevi		#408	03	8 -F	00:35:33	7'07	BroSö OK
10	LJUNGBERG Emelie		#415	93	2 -F	00:35:50	7'10	Sölvesborg
11	PAULSSON Katarina		#421		9 -F	00:40:35	8'07	Klippans simsällskap
12	PONTING Kristina		#401	61	10 -F	00:57:48	11'33	Umara Sports Club



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1	VIWESTAM Arvid		#423		1 -M	00:18:05	3'37	Åhus FIK
2	HÄGGSTRÖM David		#418	06	2 -M	00:19:27	3'53	BroSö OK
3	LARSEN William		#416		1 -M	00:24:39	4'56	Sölvesborg
4	JÖNSSON Johan		#409	07	2 -M	00:29:47	5'57	BroSö OK
5	LINDHE Ulf		#411	61	3 -M	00:31:10	6'14	Rydaholm
6	ÖNNERBY Göran		#417		3 -M	00:31:32	6'18	Anderstorps OK
7	NILSSON Lennart		#402	57	4 -M	00:33:28	6'42	Grindlandi
8	SVENSSON Håkan		#404	70	5 -M	00:35:32	7'06	Kristianstad
9	KARLSSON Leif		#422		6 -M	00:39:59	8'00	UF Contact
10	LENNARTSSON Benny		#405	65	7 -M	00:42:30	8'30	Kristianstad